

RULES OF THE GYM

1. No one is permitted on equipment with out coach approval.
2. No running in gym unless instructed by a coach.
3. No one is permitted into gym area apart from gymnasts attending their lesson time.
4. Gymnasts must not leave the building with out a supervising parent or care giver.
5. Gymnasts must ask permission from coach if they wish to leave the class for any reason.
6. Gymnasts are not permitted to wear jewellery during class.
7. Inappropriate behaviour or language from gymnasts or parents at any time will result in the dismissal of the gymnast from class.
8. Misuse of equipment will not be accepted
9. No food permitted in training area, gymnasts must wait for a break before leaving training area to have something to eat.
10. Only water bottles allowed in training area.

CAR PARK RULES

- Keep a watch for children at all times
- 2 km speed limit in car park